



The "Mia" Shrug pattern contains instructions for two versions: one using **twisted purl** and the other using the standard knit and purl stitches.



While you may create a twisted purl through either the front or back loop, I find using the front loop much faster and easier. **Version 1** of this pattern (pictured, left) uses the twisted purl on both the sleeve ribbing and the lace. The knit stitches are **not** twisted.

Version 2 (pictured below) was created using standard knit and purl stitches.



Unless otherwise indicated, all stitches mentioned in this pattern are to be done in the standard, English style.



Materials:

- Depends on overall length of shrug. For instance, a 16 by 48 inch rectangle requires approximately 450 yards of DK or medium worsted weight yarn
- Knitting needles sized appropriately for the yarn used
- Crochet hook of same or slightly larger size for optional crocheted edging
- Tapestry needle

Abbreviations:

K = knit

M1 = make one

P = purl

PSSO = Pass slipped stitch over

RS = Right side

S = Slip stitch

TP = Twisted purl

WS = Wrong side

YO = Yarn over

Resources:

- **Free rosettes pattern from Lion Brand** - <http://www.lionbrand.com/patterns/chs-rosettes.html>
- **Vintage Scalloped Edge Crochet pattern**, from "Edges and Corners" Book No. F by Emma Farnes, available here - <http://crochet.about.com/library/n012503.htm>
- **Ruffle rose pattern from Nicky Epstein's "Knitted Embellishments"** - <http://www.amazon.com/exec/obidos/tg/detail/-/188301039X/103-3063465-2243067>
- **Details of Combined Knitting technique** - <http://www.modeknit.com/combined.html>
- **Video of Combined purl** - <http://www.knittinghelp.com/knitting/videos/purl/purling-combined-method.mpg>



These **Measurements** and **Calculations** are used for either version of the pattern. Please note that the circumference of your upper arm will determine the width of the entire garment. For instance, if your arm measures 12 inches around at its largest point, the part that goes across your back will be approximately 12 inches wide.

Measurements:

- A. Circumference of largest part of upper arm: (e.g. 11")
- B. Shoulder width (bone to bone): (e.g. 12")
- C. Desired sleeve length (underarm to just below elbow for 3/4, to wrist for full-length): (e.g. 14" for 3/4 sleeve)

Calculations:

- Number of stockinette stitches per inch in selected yarn using: (e.g. 5)
- Multiply by circumference (A): (e.g. $5 * 11 = 55$)
- D. Round up to the nearest multiple of 4, plus 2: (e.g. $56 + 2 = 58$)
- E. Round up to the nearest multiple of 10, plus 1: (e.g. $60 + 1 = 61$)
- F. Subtract (D) from (E): (e.g. $61 - 58 = 3$)
- G. Add 8" to (B) for lace work length: (e.g. $12 + 8 = 20$)



Pattern (Version 1 - twisted purl):



Specific materials for Version 1:

- 16 by 48 inch rectangle requires 3 skeins of TLC Cotton Plus with a gauge of 5 stitches per inch, plus a few yards of a complementary color for the 2-color rosettes
- Knitting needles used – US 10.5
- Crochet hook used – K / 10.5

Cast on (D) stitches, leaving a long tail for seaming during the "Finishing" step.

K1, *K2, TP2* rib, repeating * to * until end of row, then TP1. Slip first stitch of each subsequent row for a neat seam. Repeat until piece measures (C) inches. Note: If you will be adding the decorative edging (knit or crochet), make the length (C minus 2) inches, ending on WS row.

Turn work to begin the simple lace pattern, which is a multiple of 10 sts plus one, with a repeat of 2 rows. First, you must increase initial ribbing stitch count by (F) additional stitch(es). I suggest using the M1 method as the least obvious increase. Then begin as follows with RS row:

ROW 1: *K1, yo, k3, (sl 1, k2tog, pss), k3, yo,* repeat from * to *, end k1.
 ROW 2: TP across and turn.

Continue Row 1, Row 2 pattern until piece measures (G) inches, ending on WS row.

Resume the K1, *K2, TP2* rib, repeating * to * until end of row, then TP1, slipping first stitch of each row. **Note:** You must decrease the (F) additional stitch(es) needed for the lace repeat. I suggest using the k2tog so that decreases throughout fabric lie in the same direction.

Repeat K2, TP2 rib until piece measures (C) inches. Note: If you will be adding the knit or crochet edging, make the length (C minus 2) inches, ending on RS row.

Bind off, leaving long tail and steam block.



Finishing:

Fold blocked piece in half, wrong side out. Using tapestry needle and long tail, sew sleeve up to (C minus 2 inches), as the seaming should end comfortably below the underarm. Put a couple of extra stitches at the end of the seam since this area will need the most reinforcement due to the way the garment is worn. Weave in ends.

Repeat same steps for other "sleeve".

Next, knit or crochet (your choice) 4 small rosettes to attach to either side of shrug. I used the 2-color version of the rosettes pattern from the Lion Brand site - <http://www.lionbrand.com/patterns/chs-rosettes.html>

I recommend placing two rosettes on either side of the neck edge, evenly spaced so as to frame the face.

Sleeve Edging

Last comes the optional edging on the sleeves. You may either knit or crochet any 2" edging of your choice by picking up the stitches along the sleeve edge. The original pattern used a vintage 3-row shell stitch edging and these instructions reference that particular pattern.

Select a crochet hook that is the same size or slightly larger than the corresponding knitting needles used to make the body, as gauge is not important. I like it because it makes the sleeves flare out slightly. I used a crochet pattern from the early 1900's called Scalloped Edge Crochet, published in a book called "Edges and Corners" Book No. F by Emma Farnes, available here - <http://crochet.about.com/library/n012503.htm>



The edging is basically 3 rows of double-crochet shells, slipped stitches and single crochet. If you can do those stitches, the edging is really very easy.

Weave in ends and you're done.



Pattern (Version 2 - standard purl, by Grumperina at <http://www.grumperina.com/knitblog/>):



Specific materials for Version 2:

- 50 by 9.5 inch rectangle requires approximately 450 yards of DK weight KFI Cashmereno, 22 sts/30 rows per 4" square in stockinette
- 112 beads (48 per cuff, 4 per rosette)
- Knitting needles used – US 6

Cast on (D) stitches, leaving a long tail for seaming during the "Finishing" step.

K1, *K2, P2* rib, repeating * to * until end of row, then P1. Slip first stitch of each subsequent row for a neat seam. Repeat until piece measures (C) inches. Note: If you will be adding the decorative edging (knit or crochet), make the length (C minus 2) inches, ending on WS row.

Turn work to begin the simple lace pattern, which is a multiple of 10 sts plus one, with a repeat of 2 rows. First, you must increase initial ribbing stitch count by (F) additional stitch(es). I suggest using the M1 method as the least obvious increase. Then begin as follows with RS row:

ROW 1: *K1, yo, k3, (sl 1, k2tog, pss), k3, yo,* repeat from * to *, end k1.

ROW 2: P across and turn.

Continue Row 1, Row 2 pattern until piece measures (G) inches, ending on WS row.

Resume the K1, *K2, P2* rib, repeating * to * until end of row, then P1, slipping first stitch of each row. **Note:** You must decrease the (F) additional stitch(es) needed for the lace repeat. I suggest using the k2tog so that decreases throughout fabric lie in the same direction.

Repeat K2, P2 rib until piece measures (C) inches. Note: If you will be adding the knit or crochet edging, make the length (C minus 2) inches, ending on RS row.

Bind off, leaving long tail and steam block.



Next, knit 4 small rosettes to attach to either side of shrug.

Grumperina made 1.5” modified rosettes from the ruffle rose pattern in Nicky Epstein’s “Knitted Embellishments” - <http://www.amazon.com/exec/obidos/tg/detail/-/188301039X/103-3063465-2243067>

I recommend placing the rosettes on either side of the neck edge, evenly spaced so as to frame the face.

Finishing:

Fold blocked piece in half, wrong side out. Using tapestry needle and long tail, sew sleeve up to (C minus 2 inches), as the seaming should end comfortably below the underarm. Put a couple of extra stitches at the end of the seam since this area will need the most reinforcement due to the way the garment is worn. Weave in ends.

Repeat same steps for other "sleeve".



Sleeve Edging

Pick up stitches at RS edge of sleeve, and then add the knit or crochet edging of your choice. Repeat same edging for other sleeve. Weave in ends and you’re done.

Grumperina designed her own, complete with beading (pictured, left).